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Dietitian GPS Associate

Job Title: Dietitian.
Location: National. (various locations available across the UK)
Directorate: Primary Care. (NHS England & the devolved nations)
Reports to: GPS Flexible Workforce Office. (FWO)

Job summary.

Are you an ambitious and dedicated professional seeking to make a substantial impact on public health and nutrition across the UK? We are looking for passionate and highly skilled dietitians to join our dynamic team. As a dietitian, you will play a critical role in shaping the health and well-being of individuals and communities by delivering expert dietary guidance and innovative nutrition programs. Your work will involve collaborating with a multidisciplinary team to develop tailored nutrition plans that address a wide range of health issues, from chronic disease management to preventative care. This is an exceptional opportunity to leverage your expertise to inspire positive lifestyle changes and contribute to the advancement of nutrition science in a forward-thinking healthcare environment.

Key responsibilities.

Clinical nutrition management.

- Conduct comprehensive nutritional assessments for patients, including evaluating medical histories, dietary intake, and lifestyle factors.
- Develop and implement personalised nutrition care plans that address individual health needs and goals.
- Monitor patient progress and adjust care plans as necessary to ensure optimal outcomes and improved health status.

Therapeutic diet planning

- Provide expert dietary advice for managing a variety of health conditions, including diabetes, cardiovascular disease, gastrointestinal disorders, and obesity.
- Design and implement therapeutic diets to support patients undergoing medical treatments such as chemotherapy or surgery

Health promotion and education

- Lead educational sessions and workshops to empower patients and healthcare professionals with knowledge about healthy eating habits and nutrition science.
- Develop and distribute educational materials to promote awareness of nutritional issues and healthy lifestyle choices.

Community engagement and public health Initiatives.

- Participate in national and local health campaigns, collaborating with public health organisations to promote nutrition and wellness.

- Engage with community groups to support initiatives that address nutritional disparities and improve access to healthy foods.

Research and innovation.

- Contribute to nutrition research projects and initiatives, applying evidence-based practices to enhance patient care and dietary interventions.
- Stay abreast of the latest advancements in nutrition science and incorporate new findings into practice

Team collaboration and communication.

- Work closely with a multidisciplinary team, including doctors, nurses, and other healthcare professionals, to deliver comprehensive and integrated care.
- Communicate effectively with patients, families, and caregivers to provide clear and actionable dietary guidance.

Documentation and compliance.

- Maintain accurate and up-to-date patient records using electronic health record systems.
- Ensure all activities comply with NHS policies, care quality commission (CQC) standards, and general data protection regulation (GDPR) requirements.

Continuous professional development (CPD)

- Engage in ongoing professional development activities to maintain and enhance knowledge and skills.
- Attend relevant training sessions, conferences, and workshops to stay current with best practices in dietetics and nutrition.

Person specification.

Qualifications & experience.

- BSc in dietetics or a related field, with registration as a dietitian with the health and care professions council (HCPC).
- Postgraduate qualifications or certifications in specialised areas of nutrition are advantageous.
- Minimum of two years of experience in a clinical or community dietetic setting.
- Proven track record in delivering effective nutritional interventions and educational programs.
- Specialist training or qualifications in areas such as paediatric nutrition, sports nutrition, or eating disorders

Skills and competencies.

- Excellent communication and interpersonal skills, with the ability to engage and motivate diverse audiences.
- Strong analytical skills, capable of interpreting complex data and presenting findings effectively.
- Leadership skills with experience in team management and development.

Knowledge.

- Awareness of social determinants of health and strategies for addressing nutritional inequalities in underserved communities.

Personal attributes.

- Compassionate and patient-centred approach to care, with a commitment to improving health outcomes.
- High level of integrity and professionalism, with respect for patient confidentiality.
- Adaptable and innovative, with the ability to respond to the evolving needs of the healthcare environment.

Why join us?

- Impact.
Make a real difference in the health and well-being of communities.
- Growth.
Opportunities for professional development and career progression.
- Flexibility.
Various work arrangements available to suit your lifestyle.
- Team spirit.
Join a supportive and dynamic team dedicated to high-quality patient care.

Special requirements.

- Flexible working hours.
Willingness to work flexible hours, including evenings or weekends, to meet patient needs.
- Driving requirements.
A full driving licence and access to a vehicle may be necessary for conducting home visits or travelling between practice sites.

Application process.

If you are a forward-thinking dietitian eager to make a difference in the lives of patients and communities, we invite you to apply. Please submit your application through our website. We offer opportunities across various locations nationwide, with options for remote, hybrid, and in-person work arrangements. This role not only offers the chance to contribute significantly to public health but also provides a platform for professional growth and innovation in the field of nutrition.